

# **SOLD FOUNDATION STUDY SERIES**

## **Study 1: Bible Study.**

**Purpose:** to help the young disciple understand the importance of having great bible study daily as they grow in their walk with the Lord

### **1. Psalm 119 : 105**

*Q. How is the bilge a lamp to your feet and a light for your past?*

*Point: God's Word is what guides us through life. IF we don't follow them we are bound to stray and get lost. The bible brought you to and accurate knowledge of Jesus and the salvation He provides. It is the bible that will continue to help you grow in your knowledge of God.*

### **2. Deut 6:6-9**

*Q. What is God commanding you to do in this passage and why?*

*Point: IF God's word is hot close to our hearts we will not practice them and we will forget God. Also we will not be able to pass down God's word to our children.*

### **3. 1Peter 2: 2-3**

*Q. What does it mean to crave pure spiritual milk? Is it possible to grow as a disciple without having a great bible study daily?*

*Point: Attitude is everything. You must desire and love getting into the bible daily to mature as Christian*

### **4. Matthew 7:21-23**

*Q. Where do we find God's will written today?*

*Point: You cannot practice what you do not know. Your eternity will be determined by how seriously you read and practiced the scriptures.*

### **5. Psalms 19: 7-11**

*Q. What do you gain from studying the bible? Do you find these verses encouraging?*

*Point: There is great reward in knowing God's Word. The bible is more important than anything on this earth. Give God's Word top priority in your life.*

### **SOME PRACTICAL TIPS**

1. Get yourself a Quiet-Time Notebook and write things down as you read.

**As you read ask yourself the following questions:**

- How does this verse apply to me?
  - Is this what I really believe?
  - Have I been obeying these verses?
  - What areas of my life need to change as a result of what I am reading?
2. Find a quiet place where you won't be disturbed to read your bible daily.
  3. Don't be ashamed to ask for help from other disciples. We all had to start from somewhere.
  4. Read through the entire New Testament in the next few months to get a general overview

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## **Study 2: Prayer**

### **1. Ephesians 6:10-18**

*Q. What kind of war are we involved in as Christians? What role does prayer play in this spiritual battle?*

*Point: Our prayer lives enable us to win the spiritual battle against Satan daily. An effective Christian must have a great prayer life. God is able to unleash his mighty power in our lives when we are close to him in prayer.*

### **2. 1 Thessalonians 5:16-18**

*Q. What does God command us to do in this versed and why?*

*Point: Praying is not just an exercise we perform in the mornings. God wants to hear from us throughout the day. Get in the habit of talking to god when at work, riding on the bus, etc as you go about your daily business.*

### **3. Mark 1:35**

*Q. How important was prayer in Jesus' daily schedule? How early do you get up to pray?*

*Point: Jesus realized the importance of spending time with God early in the morning before his hectic schedule prevented him from spending quality time with God. We as disciples need to imitate Jesus in this area by getting out of bed early to talk with God.*

### **4. 1Peter 3:12**

*Q. What is God's attitude towards our prayers? Does he encourage you to know that God is actually paying attention to you in prayer?*

*Point: Our prayers are not futile and useless exercised. God pays attention to our needs and desires because he cars for us as his children.*

### **5. Matthew 7:7-11**

*Q. What does God mean when he says to ask, to seek, and to knock?*

*Point: Ask, seek and knock are all actions words. Our prayer lives need to be such where we are actively asking God for help for specific needs in our lives. God wants to bless us and answer our prayers*

## **SOME PRACTICALS TIPS**

1. *Make a prayer list. List of things that you pray about daily. e.g.*
  - *For God to reveal himself to you daily as you study his word*
  - *For God to help you to be fruitful with your friends and family members.*
  - *Praying for other disciples and the specific needs in their lives.*
  - *Praying for personal situations in your life.*
  - *Praying for the sick and the poor.*
  - *Praying for the church and its leaders.*
2. *Find a quiet place to pray. GO on prayer walks and just have a great time talking to God.*
3. *Pray with other disciples. Don't be ashamed of how you may sound. Remember you are talking to God*

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## **Study 3: Trusting God**

### **1. Hebrews 11: 1-3, 5**

*Q. What is faith by definition? Would you say this is the kind of faith you have?*

*Q. How important is faith in our relationship with God?*

*Point: Faith is being certain and sure that God will work in our lives. We must trust God if we are to have an awesome relationship with him.*

### **2. Mark 4: 35-41**

*Q. Why is Jesus able to sleep despite the storm?*

*Q. How do you handle the tough situation in your life?*

*Point: With God on our side there is no need to panic. Relax and trust God. Whatever problems you face, have faith that God will come to your rescue.*

### **3. Matthew 14:25-24**

*Q. How does God feel when we doubt him?*

*Q. In what areas of your life do you tend to doubt God?*

*Point: Doubt will cause you to sink very time. When we doubt, God is not able to work powerfully in our lives. Doubt is sin and must be repented of always.*

### **4. Mark 11: 20-24**

*Q. What condition must we meet for God to answer our prayers?*

*Point: God wants us to act as if we already have what we asked for in our prayers. This is not a suggestion but the way we must live daily.*

### **5. Matthew 9: 8-22**

*Q. Do you give up easily on your prayers when you feel like God is not answering quickly?*

*Point: There is no situation that God cannot change for you very quickly. Never give up on God. Continue to persist in prayer until God answers you.*

### **Additional study passages:-**

- 2 Chronicles 20: 1-30
- James 1: 3-4
- Romans 10: 17
- 1 Samuel 1:1-28
- Daniel 3:1-30

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## **Study 4: The discipling Relationship**

### **1. Matthew 28:20**

*Q. Where did the idea of discipling come from?*

*Q. Why does Jesus want young disciples to be taught to obey his Word?*

*Point: The purpose of having a discipling partner is for our benefit. We are able to have a close personal relationship with someone who helps us grow in our walk with God.*

### **2. Proverbs 27:17**

*Q. What do I gain by allowing myself to be disciple?*

*Point: Our discipling partner is not a perfect human being but they are involved in our lives to help us. Learn from Your D.p. They are there to “sharpen” you as a disciple.*

### **3. Proverbs 20:18**

*Q. Why does God want us to confess our sin to others?*

*Q. Why do you think it is important to seek advice from other disciples?*

*Point: Seeking advice doesn't mean you do not THINK for yourself. It helps to bounce ideas off other disciples so that we can do what is best in every situation*

### **4. James 5: 16**

*Q. Why does God want us to confess our sins to others?*

*Point: Your discipling partner is your friend. Don't be afraid to talk about sin and struggles in your life. Remember the admonition of Proverbs 28:13*

### **5. 1 Corinthians 12:12-27**

*Q. What is the point God trying to get us to see in these passages?*

*Q. Can you live a successful spiritual life on your own?*

*Point: As a Christian you need other disciples in your life. Never allow Satan to deceive you to think you can make it all by yourself. Close to your discipling partner and other disciples.*

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## **Study 5: How to handle Persecution**

### **1. 2Timothy 3:12**

*Q. What does God promise to anyone trying to live like Jesus today?*

*Point: Persecution is guaranteed! Don't feel something strange is happening. Many people will not like your commitment to Christ and will give you a hard time about it.*

### **2. Matthew 5:10-15**

*Q. How does God want us to respond to persecution?*

*Q. Why should we respond with joy when people are calling us names and spreading rumors about the church?*

*Point: Don't get sown or discouraged. Leap for joy! You are being treated like one of the prophets of old.*

### **3. Acts 8:1-8**

*Q. What was the effect of the persecution in Jerusalem?*

*Point: When we stand firm and refuse to be intimidated by Satan many souls are won for Christ. Don't slow down or keep quiet. Keep sharing your faith boldly and many will be saved.*

### **4. Matthew 5: 44**

*Q. How should we treat those who persecute us and why?*

*Point: Don't hate people. Love them and pray for them so that they will see the light. Never retaliate but always be like Jesus.*

### **5. John 15: 18-23**

*Q. Why will the world hate us for living righteous and holy lives?*

*Q. as servants Christ, will we be treated like our Master?*

*Point: Don't take it personally. People are upset about your message not you in particular. Persecution is part of the Christian life.*

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## **Study 6: Friendship Evangelism**

### **1. John 15: 1-8**

*Q. What does it mean to “remain in the vine”?*

*Q. If someone remains in the vine what does God promise them?*

*Q. If I’m not depending on God whose power am I relying on?*

*Point: The key to bearing much fruit is our personal relationship with God. God promises we will bear much fruit if we are close to him. God makes it all possible.*

### **2. John 1: 35-35**

*Q. What was the first thing Andrew and Philip did after finding Jesus?*

*Q. Did Andrew and Philip have to be persuaded to tell others about Jesus?*

*Point: Reaching-out to people and telling them about Jesus must be natural thing. Because we have found Jesus we should be excited about telling others that we have found the Messiah. Tell others to “come and see”*

### **3. Luke 19:1-10**

*Q. What was the result of Jesus visiting Zacchaeus’ house?*

*Q. How often do you visit with non-Christians in their homes and invite them into your home?*

*Point: We must spend time with people to enable us share with them how God has transformed our lives. Have people into your home regularly. Visit their homes. Build great friendships with the aim of impacting them for Christ.*

### **4. Acts 5:42**

*Q. What is the “good news” we been sent to go proclaim?*

*Q. Should there be special places and times where we share our faith?*

*Point: God expects us daily to proclaim the good news. We must be in the habit of talking to people everywhere we go throughout the entire day.*

### **5. Mark 5:18-20**

*Q. Why did the healed man begged to go with Jesus?*

*Q. What did Jesus tell the man to go do instead?*

*Point: Evangelism is all about sharing our lives and telling others what Jesus has done for us. We must tell others out of gratitude how much God has changed our lives.*

### **Some Practical Tips**

- Think about your friends that you can reach out to.
- Start praying for them by name and inviting them to church.
- Invite people into your home regularly. Visit their homes also.
- Start introducing your friends to other disciples.

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## **Study 7: Holiness**

### **1. 2Corinth 5: 14-15**

*Q. What should be our motivation as Christians for living holy lives?*

*Q. How should we express to Christ the fact that we love Him?*

*Point: The death of Jesus should compel us to live holy and righteous lives on this earth. We must always think about the suffering Jesus went through on our behalf and allow that to motivate us daily to live for Him.*

### **2. Matthew 5:8**

*Q. What does it mean to be “pure in heart”?*

*Q. What awesome promises do we have in this verse as Christians?*

*Point: Our holiness will determine whether we make it to heaven and ultimately see God one day. We must strive to live blameless lives before God daily.*

### **3. Hebrews 10:26-31**

*Q. How does God feel when we deliberately continue to sin against Him?*

*Q. Will God overlooks deliberate sin in the life of anyone?*

*Point: God hates sin and deliberate sin in the life of a Christian will be punished. The grace we have in Christ cannot be a license to continue to sin. God’s grace should teach us to say “no” to unrighteousness*

### **4. 1 John 1: 5-10**

*Q. What does it mean to “walk in the light”?*

*Q. Why does God command us to confess our sins to others?*

*Point: We are saved but still sinners. We will face temptations daily and we must get in the habit of confessing our sins without being asked to do so. God Promised to forgive us when we confess and repent.*

### **5. Colossians 3:1-10**

*Q. What are keys to living a holy life?*

*Q. How do we “put to death” and “rid ourselves” of sin in our lives?*

*Point: We must always focus our minds on heaven not on earthly things. Having the right perspective helps us live holy lives because our focus is always on heaven our final destination.*

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## **Study 8: A Different Perspective**

### **1. Matthew 6: 25-34**

*Q. What does God want us to focus on as Christians?*

*Q. What does it mean to always seek God first?*

*Q. How does this affect the way I spend my time?*

*Point: God promises to take care of our daily needs if we seek Him first. God and His Church must be priority in our lives. Our daily bible study and prayer times, attending all the services, reaching-out to others, e.t.c must become important to us.*

### **2. Matthew 12: 46-50**

*Q. How does God view his disciples?*

*Q. How should we view our brothers and sisters in Christ?*

*Point: As a Christian you now belong to the family of God. Initiate and spend time with your new brothers and sisters. Get to know them and allow them to know you.*

### **3. Matthew 25:31-46**

*Q. What attitude does God want us to have towards helping the poor and destitute?*

*Q. How would you respond when asked to feed the poor and spend time with orphans on a Saturday afternoon?*

*Point: God expects us as disciples to care for the poor. The way we act towards the poor will have a bearing on whether we make to heaven someday. We must desire to be sheep and not goats.*

### **4. Proverbs 22:6 ( For the disciples with kids)**

*Q. Why is it important to start training our children about God early in their lives?*

*Q. What is the awesome promise from this verse to us parents?*

*Point: We must spend time teaching our children about God. We must make time in our busy schedules to teach our kids. Read the bible and pray with them before you put them down daily. Have a family devotional at least once a week. (Ask older disciples about how to prepare and have a family devotional)*

### **5. 1 Corinthians 12:12-20**

*Q. How is the Church supposed to operate?*

*Q. Can you make it yourself as a Christian without the help of other disciples?*

*Point: The Church needs you and you need the church. Don't let Satan deceive you into thinking you can make it on your own. Don't be a loner. Get close to other disciples.*